

RADIOLOGY (X-RAY)

PATIENT PREPARATION INSTRUCTIONS

Radiology Procedures	Patient Preparation	Approximate Length of Procedure
All X-Ray Exams	Patient may be asked to change into a hospital gown and remove jewelry. There are no dietary or pharmaceutical restrictions.	15 minutes
Upper GI Study Oesophagus Swallow Double Contrast Meal Single Contrast Barium Meal Single Con Gastrografin Meal	Nothing to eat or drink after midnight or on the morning of the exam. Patients will be asked to change into a hospital gown and to remove jewelry.	15 minutes
Barium Enema Adult Air Contrast Colon Colon Via Rectum & Ostomy Paediatric Air Contrast Colon Single Contrast Barium Colon Single Con Gastrografin Colon	Patients will be given a prescription from the ordering doctor for a laxative, with instructions on when to start taking it before the date of the barium enema. Patient will be asked to change into a hospital gown.	Minimum 1 hour.
Barium Swallow Video Modified Swallow	Patient will be asked to remove everything from the waist up and given hospital gown to wear. Remove all jewellery	30 Minutes
Small Bowel Follow Thru	Nothing to eat or drink after midnight or on the morning of the exam. Patients will be asked to change into a hospital gown and to remove jewelry.	Minimum 2 hours Note: some exams may continue for multiple hours, as the exam is very patient specific.