

CT PATIENT

PREPARATION INSTRUCTIONS

Cat Scan (CT) Procedures	Patient Preparation	Approximate Length of Procedure
Abdomen Pelvis	Nothing to eat 4 hours prior to exam, but may have clear fluids up until the time of the exam.	35 – 80 Minutes
Abdomen – Renal Colic	Half an hour before your appointment time, drink 3 8oz glasses of water and do not void.	25 Minutes
Adrenals Carotid Angiogram (CTA)	Nothing to eat 2 hours prior to exam, but may have clear fluids up until the time of the exam.	50 Minutes
Extremity	No patient instructions.	25 - 35 Minutes
Head Neck Thorax	Nothing to eat 2 hours before exam, but may have clear fluid until time of exam.	25 – 35 Minutes
Spine	No patient instructions.	25 – 35 Minutes
Ct Guided Biopsy Abdomen, Pelvis, Bone, Liver, Muscle, Pancreas or Nephrostogram Tube Insertion Thorax**See note below**	<p>Bring a list of current medications to this appointment.</p> <p>Blood tests: The following tests are required 2 to 7 days before the procedure:</p> <ul style="list-style-type: none"> • INR, PT, PTT and Platelets <p>Anticoagulants: Patients should remain off blood thinners prior to the procedure as follows: ASA 5 days (Aspirin) Coumadin 5 days (Warfarin) Plavix 7 days (Clopidogrel) LMWH (Lovenox) 1 day (Low Molecular Weight Heparin) SC Heparin last dose 8 hours prior IV Heparin stop infusion 6 hours prior Xarelto 1 day (Rivaroxaban) Eliquis 1 day (Apixaban) Atrixa 2 days (Fondaparinux) Pradaxa 2 days (Dabigatran) Aggrenox 3 days (Dipyridamole) Fibrin 1 day</p>	40 Minutes for procedure plus prep and after care. Expect to be here for several hours.

**** For CT Guided Biopsy of the Thorax****

Patient must be accompanied by an adult 18 or older for this appointment. Patients may not leave the hospital alone. A taxi/Uber driver is not considered an escort. Patient must be accompanied by an adult for 24 hours after the appointment. Please ensure you have made these arrangements before your appointment.*