



**Diabetes Education Centre**  
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<b>PT NAME:</b>
<b>DOB:</b>
<b>MD</b>
<b>H#</b>

**Order Set For Adjustment of Insulin**

✓ **Use a check mark to indicate which insulin to be titrated by Diabetes Education Centre Certified Diabetes Educators and sign to adjust current or ordered insulin**

Medication to be titrated to target according to 2018 Diabetes Canada Clinical Practice Guidelines.

**Please fax back if agree**

**Bolus –Rapid Acting Insulin Analogues**

Agent	Titration
Apidra 100 units/mL – insulin glulisine	Adjust by 1 - 2 units or 10% of current doses q 1 - 3 days to target blood glucose of 4 - 7 mmol/L ac meals, 5 -10 mmol/L 2 hours pc meals
HumaLOG 100 units/mL – insulin lispro	
HumaLOG 200 units/mL – insulin lispro	
Novorapid 100 units/mL – insulin aspart	
Fiasp 100 units/mL – insulin aspart	
Other:	

or \_\_\_\_\_

**Basal – Long Acting Insulin Analogues**

Agent	Titration
Tresiba 100 units/mL – insulin degludec	Adjust by 2 units q 3 - 4 days to target fasting blood glucose of 4 - 7 mmol/L
Tresiba 200 units/mL – insulin degludec	
Lantus 100 units/mL – insulin glargine	Adjust by 1 - 2 units or 10% of current doses q 1 - 3 days to target fasting blood glucose of 4 - 7 mmol/L
Levemir 100 units/mL – insulin detemir	
Basaglar 100 units/mL – insulin glargine	
Toujeo 300units/mL – insulin glargine	
Other:	

or \_\_\_\_\_

**Premixed – Fixed Ratio of Fast and Long Acting Insulin**

Agent	Titration
NovoMix 30 100 units/mL – insulin aspart/aspart protamine	Adjust by 1 - 2 units or 10% of current doses q 1 - 3 days to target fasting blood glucose of 4 - 7 mmol/L and target before supper 4 - 7mmol/L
HumaLOG Mix25 100 units/mL – insulin lispro/lispro protamine	

or \_\_\_\_\_

**Physician Name:**

**Signature:**

**Date:**